

# ROBERTSON NURSING HOME ACTIVITY PLANNER (SUBJECT TO CHANGE)

March 2020	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK							1st
	2 <sup>nd</sup> Reminiscing  Poetry	3 <sup>rd</sup> Foot spa morning  Hairdresser	4 <sup>th</sup> Chiropody  What the papers say	5 <sup>th</sup> Planting seeds  Art & craft Yoga	6 <sup>th</sup> Children visit  St Patricks with Stephen Moorish	7 <sup>th</sup>	8th
	9 <sup>th</sup> Hand & nail care	10 <sup>th</sup> Giftness 2.30pm  Exercise Hairdresser	11 <sup>th</sup> One to one chats on activities	12 <sup>th</sup> Word game  Zumba	13 <sup>th</sup> Art with Penny	14 <sup>th</sup>	15th
	16 <sup>th</sup> Exercise to music	17 <sup>th</sup> Hairdresser	18 <sup>th</sup> Jo Jingles	19 <sup>th</sup> Art & craft  Yoga	20 <sup>th</sup> Hand & nail care	2st	22nd
	23 <sup>rd</sup> One to one chats  30 <sup>th</sup> Exercise	24 <sup>th</sup> May Art & craft Hairdresser  31st	25 <sup>th</sup> Reminiscing morning	26 <sup>th</sup> Games morning	27 <sup>th</sup> One to one chats	28 <sup>th</sup>	29 <sup>th</sup>