

**SPRINGKELL HOUSE  
ACTIVITIES CALENDAR  
DECEMBER 2019**

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
WEEK 1	HAIRDRESSER	MUSIC WITH AVA	KNITTING CLUB FLOWER ARRANGING	PONY PALS	VILLAGE WALK	HAND & NAIL CARE	DISCUSS THE NEWS WITH LINDA
WEEK 2	FLOWER ARRANGING	CHIROPODY	SPRINGKELL ROAST LUNCH CLUB	MUSIC WITH KEVIN JACOT	CHRISTMAS SING ALONG WITH RICHARD RATLCIFFE	PIZZA EVENING	1:1 WITH LINDA
WEEK 3	HAIRDRESSER	CAROLS AROUND THE CHRISTMAS TREE KEVIN JACOT	KNITTING CLUB ROAST CLUB SENIORCISE WITH DONNA	PONY PALS	CHRISTMAS PANTOMINE	FOOT SPAS	SONGS OF PRAISE
WEEK 4	ARTS & CRAFTS MUSIC FOR HEALTH	CHRISTMAS QUIZ	CHRISTMAS DAY CELEBRATIONS	BOXING DAY CELEBRATIONS	FILM AFTERNOON	REMINISCENCE	1:1 WITH LINDA

A selection of the daily activities we have on offer. Activities take place throughout the day and are posted for all to see on a Monday morning, allowing residents time to choose what they would like to participate in.