

**SPRINGKELL HOUSE  
ACTIVITIES CALENDAR  
NOVEMBER 2019**

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
WEEK 1	HAIRDRESSER	MUSIC WITH AVA	KNITTING CLUB FLOWER ARRANGING	MUSIC WITH RICHARD RATCLIFFE	FILM AFTERNOON  BIRTHDAY TEA PARTY	PIZZA AFTERNOON	DISCUSS THE NEWS WITH LINDA
WEEK 2	FLOWER ARRANGING	QUIZ WITH DANKA	KNITTING CLUB SENIORCISE	MUSIC WITH KEVIN JACOT	MANICURES & HAND SPAS	BOARD GAMES	CHURCH VISIT
WEEK 3	HAIRDRESSER	MUSIC WITH STEPHEN MORRISH	KNITTING CLUB ROAST CLUB SENIORCISE WITH DONNA	PONY PALS	FOOT SPAS	PIZZA EVENING	SONGS OF PRAISE
WEEK 4	ARTS & CRAFTS MUSIC FOR HEALTH	MUSIC FOR HEALTH	KNITTING CLUB ROAST CLUB	REFLEXOLOGY	VILLAGE WALK	REMINISCENCE	SONGS OF PRAISE

A selection of the daily activities we have on offer. Activities take place throughout the day and are posted for all to see on a Monday morning, allowing residents time to choose what they would like to participate in.