

**SPRINGKELL HOUSE
ACTIVITIES CALENDAR
OCTOBER 2019**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK 1	HAIRDRESSER	FLOOR GAMES	KNITTING CLUB FLOWER ARRANGING	MUSIC WITH RICHARD RATCLIFFE	FILM AFTERNOON	REMINISCENCE	CHURCH VISIT
WEEK 2	FLOWER ARRANGING	MUSIC WITH AVA CHIROPODIST	KNITTING CLUB SENIORCISE	PONY PALS	VILLAGE WALK	ARTS & CRAFTS	DISCUSS THE NEWS
WEEK 3	HAIRDRESSER	QUIZ WITH DANKA	KNITTING CLUB ROAST CLUB FLOWER ARRANGING	MUSIC WITH KEVIN JACOT	FRIDAY FILM AFTERNOON	PIZZA EVENING	CHURCH VISIT
WEEK 4	ARTS & CRAFTS MUSIC FOR HEALTH	MUSIC FOR HEALTH	KNITTING CLUB ROAST CLUB	REFLEXOLOGY	VISIT TO THE COFFEE SHOP	BOARD GAMES	SONGS OF PRAISE

A selection of the daily activities we have on offer. Activities take place throughout the day and are posted for all to see on a Monday morning, allowing residents time to choose what they would like to participate in.