



Ashton Manor Care Home October 2019 Activities Planner



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Weekly Services: Physio with Fiona Hairdressing with Karen	<u>1</u> Daily Sparkle: 10-10.15 Reminiscence: 10.15-11.15 Bingo: 11.15-12.00 Sensory Activities: 2-3 Colour Therapy: 3-4 Puzzles: 4-5	<u>2</u> Daily Sparkle: 10-10.15 Manicures: 10.15 - 11 Music 4 Health: 11-12 Alphabet Association: 2-3 Carpet games: 3-4 Quiz: 4-5	<u>3</u> Daily Sparkle: 10-10.15 Board Games: 10.15-11 Paul the Music Man: 11-12 Question Balls: 2-3 Chair Exercises: 3-4 Puzzles and Games: 4-5	<u>4</u> Daily Sparkle:10-10.15 Armchair Exercise: 10.15-11 Musical Bingo: 11-12 Quiz Time: 2-3 Reading Session: -3-4 Skittles:4-5	<u>5</u> Daily Sparkle Colour Therapy Puzzles and Games	<u>6</u> Daily Sparkle General Discussion - Childhood Movie Afternoon – My Fair Lady
<u>7</u> Daily Sparkle: 10-10.15 Musical Bingo: 10.15 – 11.15 Question Balls: 11.15-12 Pony Therapy: 2 -3 Famous Faces: 3-4 Hangman: 4-5	<u>8</u> Daily Sparkle: 10-10.15 Manicures: 10.15 - 11 1:1 Lounge: 11-12 Reading Session: 2-3 Sensory: 3-4 Arts and Crafts: 4-5	<u>9</u> Daily Sparkle: 10-10.15 Exercises: 10.15-11 Board Games: 11-12 Colour Therapy: 2-3 Quiz Time: 3-4 Alphabet Association: 4-5	<u>10</u> Daily Sparkle: 10-10.15 Reminiscence: 10.15-11 Sensory Activities: 11-12 1:1 Lounge: 2-3 Carpet Games: 3-4 Card Games: 4-5	<u>11</u> Daily Sparkle: 10-10.15 Jigsaw Puzzles: 10.15-11 Question Balls: 11-12 Kevin the Music Man: 2-3 Movie Afternoon: 3-4.30 Meet Me in St Louis	<u>12</u> Daily Sparkle News of The Day Skittles	<u>13</u> Daily Sparkle General Discussion – Weddings
<u>14</u> Daily Sparkle: 10-10.15 Reminiscence: 10.15-11 1:1 Lounge: 11-12 Alphabet Association: 2-3 Jigsaws: 3-4 Quiz: 4-5	<u>15</u> Daily Sparkle: 10-10.15 Colour Therapy: 10.15-11 Musical Bingo: 11-12 Carpet Games: 2-3 Hangman: 3-4 Word Wheel: 4-5	<u>16</u> Daily Sparkle: 10-10.15 Reading Session: 10.15-11 Music 4 Health: 11-12 1:1 Lounge: 2-2.15 Rev Jacqueline: 2.15 -3.15 Musical Bingo: 3.15-4.15 Card Games: 4.15-5	<u>17</u> Daily Sparkle: 10-10.15 Manicures: 10.15 – 11.15 Sensory: 11.15-12 Parachute Exercises: 2-3 Famous Faces: 3-4 Sit to Get Fit: 4-5	<u>18</u> Daily Sparkle: 10-10.15 WEAR IT PINK for Cancer UK: Arts and Crafts – Morning Cookie and Cake Decorating – Afternoon	<u>19</u> Daily Sparkle Morning Exercise News of the Day	<u>20</u> Daily Sparkle General Discussion – Holidays Movie Afternoon – Seven Brides for Seven Brothers
<u>21</u> Daily Sparkle: 10 -10.15 Isla –PAT Dog: 10 -11 Word Wheel: 11-12 Quiz Time: 2-3 Snakes and Ladders: 3-4 Sensory Activities: 4-5	<u>22</u> Daily Sparkle: 10-10.15 Ball Games: 10.15-11.15 Hangman: 11.15-12 Arts and Crafts: 2-4 Sit to Get Fit: 4-5	<u>23</u> Daily Sparkle: 10-10.15 Manicures: 10.15-11.15 1:1 Lounge: 11.15-12 Musical Bingo: 2-3 Board Games: 3-4 Alphabet Association: 4-5	<u>24</u> Daily Sparkle: 10-10.15 Reminiscence: 10.15-11.15 Question Balls: 11.15-12 Parachute Exercise: 2-3 Puzzles and Games: 3-4 Reading Session: 4-5	<u>25</u> Daily Sparkle: 10-10.15 Colour Therapy: 10.15-11.15 Jigsaw Puzzles: 11.15-12 Famous Faces: 2-3 Movie Afternoon: High Society 3-4.30	<u>26</u> Daily Sparkle Skittles Puzzles and Games	<u>27</u> Daily Sparkle General Discussion – Jobs
<u>28</u> Daily Sparkle: 10-10.15 Manicures: 10.15-11.15 Card Games: 11.15-12 Bingo: 2-3 Question Balls: 3-4 Sit to Get Fit: 4-5	<u>29</u> Daily Sparkle: 10-10.15 Reminiscence: 10.15-11.15 Jigsaws: 11.15-12 Parachute Exercise: 2-3 Sensory Activities: 3-4 1:1 Lounge: 4-5	<u>30</u> Daily Sparkle: 10-10.15 Reading Session: 10.15-11.15 Hangman: 11.15-12 Word Wheel: 2-3 Puzzle Books: 3-4 Musical Bingo: 4-5	<u>31</u> Daily Sparkle: 10-10.15 Carpet Games: 10.15-11.15 1:1 Lounge: 11.15-12 Cake Decoration: 2-3 Tea and Cake Afternoon: 3-5 Halloween			

