

ROBERTSON NURSING HOME ACTIVITY PLANNER (SUBJECT TO CHANGE)

May 2019	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK			1 st 11.00am Nev & Clair Seniorcise pm	2 nd Hand & nail care Art & Craft Yoga	3 rd	4 th	5 th
	6 th	7 th Flower arranging Hairdresser	8 th Seniorcise	9 th 2.30pm Irish Musician	10 th 2.30pm Richard Ratcliff	11 th	12 th
	13 th Reflexology Quiz time	14 th Exercise to music Hairdresser	15 th Holy Communion Seniorcise	16 th Art & Craft Yoga	17 th Art & Craft 2.30pm with Meg	18 th	19 th
	20 th Hand massage	21 st Hairdresser	22 nd Seniorcise	23 rd	24 th Don 2.30pm	25 th	26 th
	27 th Reflexology	28 th Hairdresser	29 th Hand & nail care Seniorcise	30 th Art & craft	31 st Stephen 2.30pm		