

Ashton Manor Activity Calendar –August 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><u>Birthdays</u></p> <p>07th Eileen </p>	<p>Physiotherapy with Fiona every Tuesday.</p> <p>Hairdresser every Wednesday.</p>	<p>1st <u>10:00</u> Armchair exercise <u>11:00</u> Music for health with Debbie. <u>14:00</u> Daily sparkle. <u>After supper: 1: 1</u></p>	<p>2nd <u>10:00</u> Armchair exercise <u>11:00</u> Daily sparkle <u>15:00</u> Manicure <u>After Supper: Bingo</u></p>	<p>3rd <u>11:00</u> Daily Sparkle. <u>15:00</u> One on one with Karin <u>After Supper: Floor games</u></p>	<p>4th <u>11:00</u> Daily Sparkle. 15:00: Music & social <u>After Supper: Movie</u></p>	<p>5th <u>11:00</u> Daily Sparkle 15:00: Music & social <u>After Supper: Movie</u></p>
<p>6th <u>10:00</u> Armchair exercise <u>11:00</u> Daily Sparkle. <u>14:00</u> Visual Quiz. <u>After Supper: Movie</u></p>	<p>7th <u>10:00</u> Armchair exercise <u>11:00</u> Daily Sparkle. <u>14:00</u> Pony Therapy <u>After Supper: Armchair exercise</u></p>	<p>8th <u>10:00</u> Armchair exercise <u>11:00</u> Daily Sparkle. <u>15:00</u> Creative MoJo with May <u>After Supper: Bingo</u></p>	<p>9th <u>10:00</u> Armchair exercise <u>11:00</u> Daily Sparkle. <u>14:00</u> One on One. <u>After Supper: Aromatherapy</u></p>	<p>10th <u>11:00</u> Daily Sparkle. <u>14:00</u> Music with Kevin. <u>After Supper: Music</u></p>	<p>11th <u>11:00</u> Daily Sparkle. <u>14:00</u> Arts and crafts. <u>After Supper: Music and social</u></p>	<p>12th <u>10:00</u> Church visit <u>11:00</u> Daily Sparkle. <u>14:00</u> Famous faces <u>After Supper: One on One with Karin</u></p>
<p>13th <u>10:00</u> Armchair exercise <u>11:00</u> Daily Sparkle. <u>14:00</u> Smelly Quiz. <u>After Supper: Movie night</u></p>	<p>14th <u>10:00</u> Armchair exercise <u>11:00</u> Daily Sparkle. <u>15:30</u> Floor games. <u>After Supper: One on One.</u></p>	<p>15th <u>10:00</u> Armchair exercise <u>11:00</u> Music for health with Debbie. <u>14:00</u> Daily Sparkle. <u>After Supper: Music and Social.</u></p>	<p>16th <u>10:00</u> Armchair exercise <u>11:00</u> Daily Sparkle. <u>14:00</u> Communion with Rev Jacqueline <u>After Supper: Manicure</u></p>	<p>17th <u>11:00</u> Daily Sparkle. <u>15:00</u> One on One. <u>After Supper: Ball games</u></p>	<p>18th <u>11:00</u> Daily Sparkle. <u>14:00</u> One on one Music and Social <u>After Supper: Movie night</u></p>	<p>19th <u>11:00</u> Daily Sparkle. <u>14:00</u> One on one Music and Social <u>After Supper: Music and social</u></p>
<p>20th <u>10:00</u> Armchair exercise <u>11:00</u> Daily Sparkle <u>14:00</u> Quiz <u>After Supper: Ball exercise</u></p>	<p>21st <u>10:00</u> Armchair exercise <u>11:00</u> Daily Sparkle <u>14:00</u> Arts & Crafts <u>After Supper: Music&Social.</u></p>	<p>22nd <u>10:00</u> Armchair exercise <u>11:00</u> Daily Sparkle <u>15:00</u> Tea Party <u>After Supper: Arts and Crafts.</u></p>	<p>23rd <u>10:00</u> Armchair exercise <u>11:00</u> Daily Sparkle. <u>14:00</u> One on One. <u>After Supper: Pub evening</u></p>	<p>24th <u>11:00</u> Daily Sparkle. <u>15:00</u> One on one. <u>After Supper: Floor games</u></p>	<p>25th <u>11:00</u> Daily Sparkle. <u>14:00</u> Bingo with Flora. <u>After Supper: Music & Social</u></p>	<p>26th <u>10:00</u> Church visit <u>11:00</u> Daily Sparkle. <u>14:00</u> Music and social. <u>After Supper: Movie night</u></p>
<p>27th <u>10:00</u> Armchair exercise <u>11:00</u> Daily Sparkle <u>14:00</u> Famous Faces Game. <u>After Supper: Floor games</u></p>	<p>28th <u>10:00</u> Armchair exercise <u>11:00</u> Daily Sparkle. <u>14:00</u> Garden Centre Trip. <u>After Supper: 1:1</u></p>	<p>29th <u>10:00</u> Armchair exercise <u>11:00</u> Daily Sparkle. <u>14:00</u> Floor games. <u>After Supper: Bingo</u></p>	<p>30th <u>10:00</u> Armchair exercise <u>11:00</u> Daily Sparkle. <u>15:00</u> Music&Social. <u>After Supper: Aromatherapy</u></p>	<p>31st <u>11:00</u> Daily Sparkle. <u>15:00</u> One on One. <u>After Supper: Snakes and ladders</u></p>		