

ASHTON MANOR CARE HOME NOVEMBER 2017 ACTIVITIES PLANNER



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

		1	2	3	4	5
		11am Armchair Exercise 11.30am Daily Sparkle 2pm Skittles 3pm Social & Music 4pm Manicure	11am Armchair Exercise 11.30am Daily Sparkle 2pm Ball Games 3pm Social And Music 4pm Word Games	11am Armchair Exercise 11.30am Daily Sparkle 2pm Art And Crafts 3pm Social And Music 4pm Friday Quiz	11.30am Daily Sparkle 3pm Social And Music 2pm Classic Film	11:30 Sunday Papers & Daily Sparkle 2.30pm Church Service With Communion BBC Songs Of Praise
6 11am Armchair Exercise 11.30am Daily Sparkle And Chat 2pm Potato Print Poppies 3pm Social And Music 4pm Reminiscence Quiz	7 11am Armchair Exercise 11.30am Daily Sparkle & Chat 2pm Famous Faces 3pm Social & Music 4pm Word Games	8 11am Armchair Exercise 11.30am Daily Sparkle 2pm Skittles 3pm Social & Sing A Long 4pm Decades With History	9 11am Armchair Exercise 11.30am Manicures 11.30am Daily Sparkle 2pm Table Top Trees 3pm Social & Sing A Long 4pm Word Games	10 11am Armchair Exercise 11.30am Daily Sparkle 2pm Sing Along With Kevin 3pm Mini Crosswords 4pm Friday Quiz	11 <u>11am 2minute Silence</u> 11.30am Daily Sparkle 3pm Social And Music 2pm Classic Film	12 REMEMBRANCE DAY TV COVERAGE OF THE CENOTAPH 2pm Daily Sparkle
13 11am Armchair Exercise 11.30am Daily Sparkle And Chat 2pm Snakes And Ladder 3pm Social And Sing A Long 4pm Reminiscence Quiz	14 11am Armchair Exercise 11.30am Daily Sparkle & Chat 2pm Famous Faces 3pm Social & Sing A Long 4pm Word Games	15 11am Armchair Exercise 11.30am Daily Sparkle 2pm Skittles 3pm Social & Music 4pm Decades With History	16 11am Armchair Exercise 11.30am Manicures 11.30am Daily Sparkle 2pm Clothes Show 3pm Social & Sing A Long 4pm Word Games	17 11am Armchair Exercise 11.30am Daily Sparkle 2pm Hot Air Balloon Race For Pudsey 3pm Social & Music 4pm Friday Quiz	18 11.30am Daily Sparkle 3pm Social And Music 2pm Classic Film	19 11:30 Sunday Papers & Daily Sparkle 2.30pm BBC Songs Of Praise
20 11am Armchair Exercise 11:30 Daily Sparkle 2pm Snakes And Ladder 3pm 4pm Reminiscence Quiz	21 11am Armchair Exercise 11:30 Daily Sparkle 2pm Famous Faces 3pm Social & Music 4pm Word Games	22 11am Armchair Exercise 11.30am Daily Sparkle 2pm Skittles 3pm Social & Sing A Long 4pm Manicure	23 11am Armchair Exercise Daily Sparkle 2pm Ball Games 3pm Social And Music 4pm Word Games	24 11:00 Armchair Exercise 11.30am Daily Sparkle 2pm Arts & Craft 3pm Social & Sing A Long 4pm Friday Quiz	25 11.30am Daily Sparkle 3pm Social And Music 2pm Classic Film	26 11:30 Sunday Papers & Daily Sparkle 2.30pm BBC Songs Of Praise
27 11am Armchair Exercise 11.30am Daily Sparkle And Chat 2pm Snakes And Ladder 3pm Social And Sing A Long 4pm Reminiscence Quiz	28 11am Armchair Exercise 11.30am Daily Sparkle & Chat 2pm Arts With Kim 3pm Social & Sing A Long 4pm Word Games	29 11 Armchair Exercises 11.30am Daily Sparkle 2pm Making A Christmas Pudding-Part 1 3pm Social & Sing A Long 4pm Decades With History	30 11am Armchair Exercise 11:30Daily Sparkle 2pmchristmas Pudding Part 2 3pm Social And Music 4pm Word Games	EVENTS <i>Every day 3pm Social and music</i> <i>Every Wednesday Hairdresser</i> <i>Every Tuesday Physio Therapist Weekly</i>	BIRTHDAYS 5 TH JOHN 18 TH STANLEY	